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Therapeutic certificate of Wipp-Sitz

Wipp-Sitz is a stool which can also be used as support while standing. On the one hand it is very dynamic and on the other it's functional and comfortable.

You should move while sitting because you can prevent injuries which are caused by motionless posture. Therapists demand this philosophy of sitting and claim that using Wipp-Sitz is good for your activity.

Change your position as often as possible in order to activate different groups of muscles and muscle chains. Wipp-Sitz supports the movement of the pelvis and the body excellently.

Tension can be the result of not moving freely and doing no balancing exercises. With Wipp-Sitz you can redress the balance of your muscles and improve your energy flow.

This stool makes it possible to tip forward and backward but you can also turn around and with some practice you can roll sideways (without castors), furthermore Wipp-Sitz is "well-sprung" and has good suspension. More movement leads to better fitness and efficiency and supports the building of synapses.

With Wipp-Sitz you can sit dynamically and ergonomically:
The specially shaped saddle-seat was developed with the help of therapists. It is anatomically well formed, good for the pelvis and it supports a good and upright posture.
Furthermore, breathing freely will be facilitated. This leads to a better concentration and good working results. Obviously there are positive effects on digestive organs.

The stool supports people who have damaged discs very well and makes sitting and standing easier for people who have problems with their joints.

Sitting dynamically involves flexibility in your knee and ankle joints. Open angles and activated muscles create a better circulation.

Wipp-Sitz is well thought-out; you can move it easily from one place to the other and enjoy sitting "softly" due to its suspension.

You can use it e.g. for kindergarten teachers, musicians, shop assistants, therapists, doctors, assistant professors/lecturers, beauticians, hairdressers and in industrial production and manufacture.
It can also be used at home, while painting or doing housework.
There's a stool for everyone! Everybody can find the optimal height!

We have tested Wipp-Sitz in our medical practice and there was really a good response. Wipp-Sitz can be variously used and we, as therapists, want to recommend this stool.



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